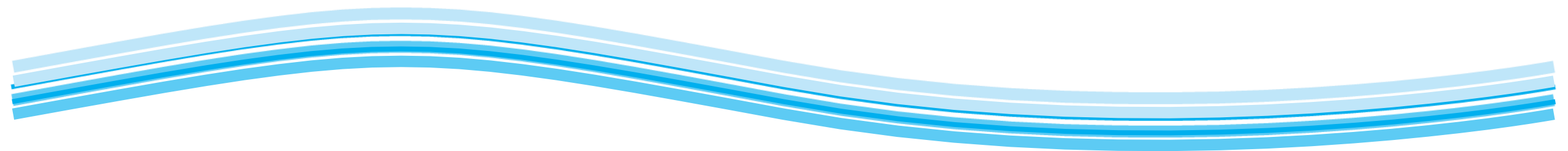


**Improving the emotional and mental health of
children and young people in Wales**

**Mae gwella iechyd emosiynol a meddyliol plant
a phobl ifanc yng Nghymru**



Background

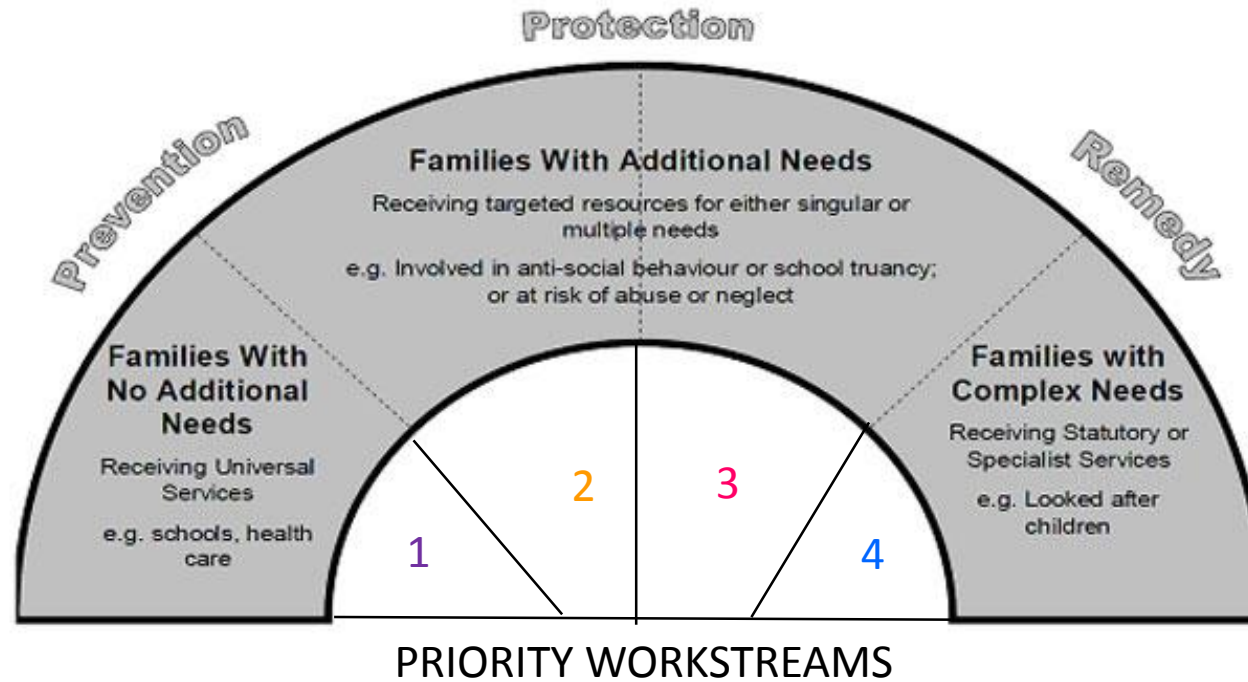
- Number of high profile reviews into specialist CAMHS
- Increased demand & waiting times despite additional investment
- Service Improvement Programme launched in February 2015
- Everybody's Core Business:
 - Social Services and Wellbeing (Wales) Act
 - Wellbeing of Future Generations Act
 - Donaldson Curriculum Review



Windscreen Model

Work Streams Key:

- 1 Resilience, Wellbeing & Early Years
- 2 Early Intervention & Enhanced Support
- 3 Neurodevelopmental & co-morbid MH&ID
- 4 Specialist CAMHS Pathway



T4CYP Programme

Small, high level multi-agency Programme Board established

- 4 priority areas & 3 cross-cutting work streams
- Expert advice & scrutiny from Professor Dame Sue Bailey OBE, DBE
- Expert Reference Group



Engagement of Children and Young People

- Wellbeing of *all* children, not exclusively those using CAMHS
- Linking in with existing mechanisms & studies
- ‘You Said ...We Did’- direct feed back on actions



Health Needs Assessment/Evidence Review

- Refresh/review of data
- Prevalence of risks & trends
- Evidence based review of interventions
- Signposting to databases




Baseline Variations Audit of Specialist CAMHS

- Comprehensive audit of CAMHS
- Understanding of services provided
- Highlighting variations of practice & good practice
- Using funding wisely to deliver sustainable improvement
- Workforce planning



Additional Funding

- Additional recurring investment of **£7.65m**
 - Improve access, ensuring equity with waiting times for AMHS & paediatric services:
 - urgent CAMHS referrals within 48 hours
 - routine CAMHS referrals within 28 days
 - neurodevelopmental services within 26 weeks
 - Further investment announced 31 March 2016
 - **£1.1 million** for peri-natal mental health
 - **£325,000** for transitional/recovery workers in EIP teams
- 

Annual Conference 21 June 2016

- Highlighting recent engagement work across Wales:
 - Presentations from Children's Commissioner and Young Wales
 - Young services users will be sharing their *Making Sense* report
- Providing feedback on how we will address the key issues raised.
- Formally launching key products
- Updating on progress
- Shaping high impact changes for the next 12 months

<http://www.eventsforce.net/nliah/817/home>



Resilience, Wellbeing and Early Years

Priorities

- Whole school approaches to promoting mental health & wellbeing
- Attachment & peri-natal mental health
- Cross sector training in child development
- Early years' support

Product Launch – Conference 21 June

- All Wales Professional Training Module in Resilience and Mental Health



Early Intervention and Enhanced Support

Priorities

- Identifying young people at risk
- Cross sector early support services
- Vulnerable children & young people including
Looked After Children/Adopted children

Products – to be published on new T4CYP website


- Directory of third sector projects & schemes
 - Local Authority service advice & guidance
- 

Neurodevelopmental Issues and Co-morbid Mental Health/Intellectual Disabilities

Priorities

- Better understanding of ADHD & ASD
- Bespoke care pathways
- Timely access to specialist assessment & treatment
- Drawing together multi disciplinary teams

Products

- Integrated diagnostic/assessment support package
 - Common integrated care pathway
- 
- The bottom of the slide features a decorative graphic consisting of three wavy, horizontal lines. The top line is a light blue color, the middle line is a medium blue color, and the bottom line is a darker blue color. The lines are slightly curved and overlap each other, creating a layered effect.

Specialist CAMHS Pathway

Priorities

- Delivering best possible care & improved outcomes
- Clear definitions
- Pathways for crisis care, eating disorders & early intervention in psychosis

Product Launch – Conference 21 June

- National Quality and Delivery Framework for Specialist CAMHS
- 

Care Transitions

Priorities

- CAMHS to Adult Services
- Paediatric to CAMHS
- Referrals to & from Youth Justice
- Transition of all children & young people in complex care (LAC/Adopted) to adult services

Product – June 2016

- ‘Transition Pack’ of resources for professionals



Priorities Workforce, Education and Training

- Considering recommendations & outcomes from work streams
- Workforce model that reflects different levels from awareness to specialist skills.
- Key competences for practitioners & workforce
- Core training curriculum across professions and agencies

Products

- Multi professional, cross agency, national Core Competencies and Training Framework
 - Continuous Professional Development Framework for CAMHS professionals
- 

Further information

Siân Richards, National Programme Director

Sian.Richards11@Wales.GSI.Gov.Uk

Kathryn Davies, National Programme Manager

Kathryn.Davies18@wales.nhs.uk

