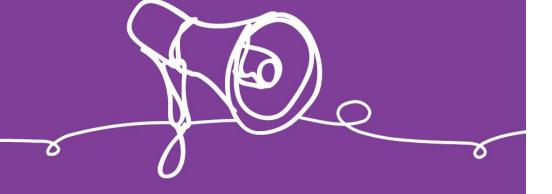
Sara Moseley Director, Mind Cymru

Chair, Wales Alliance for Mental Health Chair, Crisis Care Concordat Task & Finish Group

s.moseley@mind.org.uk

'People describe being in crisis as an overwhelming experience; something that is more than the person can deal with and not one's normality. It can mean having nowhere to turn or having exhausted all one's coping strategies '

'I needed a safe place – somewhere I could not seriously harm myself until I recovered emotionally. I also needed to feel that someone actually cared about me....'



# Wales Crisis Care Concordat — launch December 2015

"This new agreement is about providing the most appropriate care and support to those facing a mental health crisis, whatever the time, every day of the year.

"It is about all those who have signed up working closely together so we avoid telling people being wrongly kept in a police cell and instead being given access to the right treatment for them. I am delighted this deal has brought together so many organisations that have a vital role to play"

Mark Drakeford
Health and Social Services Minister

## Wales Crisis Care Concordat Signatories

Abertawe Bro Morgannwyg University Health Board

Betsi Cadwallader University Health Board

Cardiff and Vale University Health Board

Powys Teaching University Health Board

Velindre NHS Trust

Healthcare Inspectorate Wales

South Wales Police and Crime Commissioner

Office of the Police and Crime Commissioner North Wales

Gwent Office of the Police and Crime Commissioner

Dyfed Powys Police and Crime Commissioner

Youth Justice Board of England and Wales

National Offender Management Service in Wales

**British Transport Police** 

**Gwent Police** 

South Wales Police

Association of Directors of Social Services Cymru

Royal College of Nursing Wales

The Royal British Legion

Wales Alliance for Mental Health

Aneurin Bevan University Health Board

Cwm Taf University Health Board

Hywel Dda University Health Board

Public Health Wales

Welsh Ambulance Service NHS Trust

Home Office

College of Policing

**Dufed Powys Police** 

North Wales Police

Royal College of Psychiatrists



#### Concordat Priorities

Improving care and support for people experiencing or at risk of mental health crisis and who are likely to be detained under s135 or 136 of the Mental Health Act 1983

- Support before crisis
- Urgent/ emergency access
- Quality treatment
- Staying well

http://gov.wales/docs/dhss/publications/151210reporten.pdf



### Focus

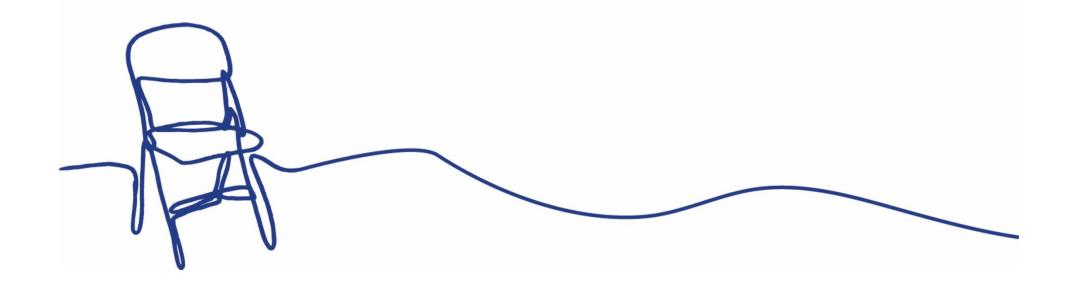
- Specific focus on reviewing the use of police cells
- 1700 arrests in 2014/15
- 30% of people detained in police cells
- Wrong intervention, Sector and skills set
- Risk of criminalisation



'The support I need to ward off a full blown crisis is fairly simple and straightforward and definitely cheaper than hospitalization. I need emotional space to talk to someone outside of my everyday life about what is going on for me....'

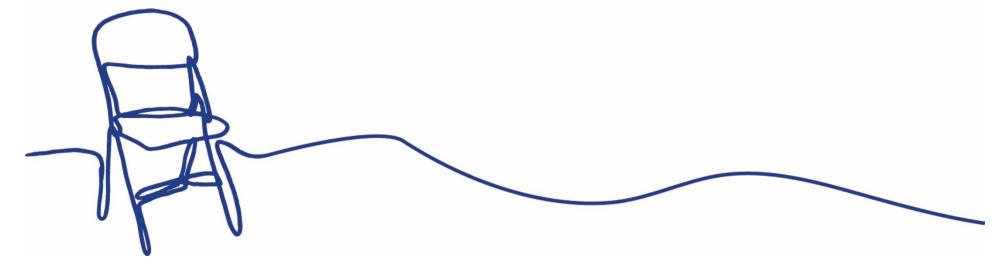
# Lines of Accountability

- Welsh Government Ministers
- National Mental Health Partnership Board
- Wales Crisis Care Concordat Task and Finish Board
- Wales Chief Police Officer Group
- Mental Health and Criminal Justice Boards



# Delivery

- Four Mental Health and Criminal Justice Boards multi agency plan, monitor progress and address issues;
- National Mental Health Partnership Board
- Wales Crisis Care Concordat Task and Finish Board
- Wales Chief Police Officer Group
- Together for Mental Health



# Mental Health and Criminal Justice Board Chairs

- Sam Watson (BCUHB Mental Health & Learning Disabilities)
   North Wales Chair
- Chris O'Connor (Aneurin Bevan Health Board Psychology)
   Gwent Chair
- Robert Goodwin (ABM ULHB Mental Health) South Wales Chair
- Julie Denley (Hywel Dda Health Board) Dyfed-Powys Chair



# Local Delivery Plans

Template agreed to provide consistency Include:

- Police training
- Better liaison between Police and Mental Health Practitioners
- Dynamic review to identify and address failures
- Suitable alternatives to 136 during crisis
- Access to Health based places of safety
- National/local evaluation
- Communications strategy

# Task and Finish Board Work Programme

- Peer Review Area Plans in May
  - Best Practice sub group
  - Alternative Places of Safety sub group
- Independent Evaluation
- In year assessment of dynamic review process
- In year assessment of training activity
- Event progress and lessons learned by April 2017

### Indicative performance measures

- % reduction on use of s 136
- % Health / Police place of safety ration (85/15)
- 95% reduction of police based place of safety for Children and Young People (Policing Act will supersede)
- Strategic development of alternative places of safety



### But also....

- Experiences
- Routine data collection during dynamic review
- NHS data areas of interest
- Use of least restrictive options
- Availability of places of safety
- People in crisis who present at A&E
- Care and Treatment Plans
- \* HIW



'Why does it have to get to the point where people are attempting suicide in order to get the help they need?'



### For more information

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