



people making a difference

## Move on / step down pathway

#### **Accommodation options:**

- Supported Housing Transitional accommodation based/Floating
- Person's owned/rented home
- Developing new supported housing
- RSL general needs housing
- Private sector properties potentially leased

## Move on / step down pathway

- Flexible, responsive personal choice
- Early discussion and planning point of readiness
- Asset based support; building on abilities and aspirations
- Multi-disciplinary working housing resettlement, Gofal, health, social care, L.A housing options
- Staff knowledgeable about options
- Supporting People/Homelessness Services not the only option

### Move on / step down pathway

#### **Examples of support:**

- Life Skills
- Health & Well-being
- Accessing right support from us and other agencies
- Feeling secure at home/visitors and access to property
- Requesting repairs and maintaining property standards
- Recognising and managing risk
- Good relationships with neighbours/links with the community
- Benefits, money, budgeting and debt management
- Access to education/training/volunteering & employment
- Support in developing & maintain social relationships

### SH

Dyfrig House – substance misuse/mental health.

Stable situation moved in to shared semi supported. Started to become unwell as main carer to his mother, decided to leave the house and move in to another specialist provider.

Support not working for him, increasingly unwell, his mother died and he was placed in Whitchurch under a section for 3 months.

On going dialogue with myself and Dyfrig staff throughout we worked with him and Newport Gateway – referred back into Clarence Place – complex needs supported housing where he can stay for up to 18 months.

Lack of dignity, stripped of everything, lack of respect and choice. Don't feel like a person, labelled and frightened. Just wanted to be respected and have my own place.

In support housing – stable, getting better every week, fitness activities, mountain challenge - no pressure to move on

### SR

Whitchurch ward to rehab house.

Didn't want to return to her tenancy.

Working together CMHT, Gofal and Solas – supported by Gofal while in rehab house, found a 1 bedroom property and picked up for ongoing support by Solas floating support team.

Part of our resident forum and working with floating support worker around health, medication, confidence and social relationships – CMHT commissioned floating support service.

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